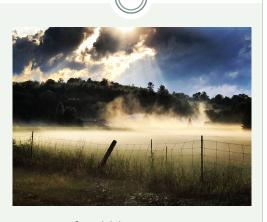
# My Healthcare Team

My Family Docto	r or Nurse Practitioner
Name:	Phone:
My Home & Com	munity Care Coordinato
Name:	Phone:
Palliative Care Co	ommunity Team (PCCT)
Name:	Phone:
My In-Home Nurs	sing Agency
Name:	Phone:
Notes	





EMAIL: info@hhhs.ca

PHONE: 705 457-1392 ext 2930

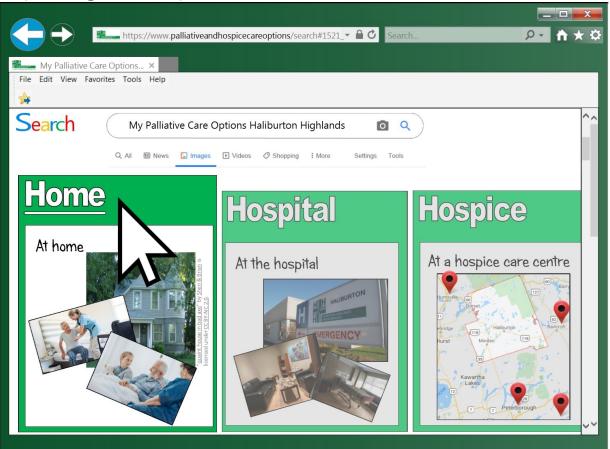
(PCCT Patient Navigator)

MAIL: HHHS, PO Box 115,

Haliburton, ON KOM 1SO



# **Exploring Your Options**



Your preference of where and how you live is entirely personal and can be influenced by so many factors—family, comfort, career, lifestyle.

Similarly, where and how you prefer to receive end-of-life care is also very personal and influenced by a number of considerations. Your beliefs & values, family and caregiver ability, your personal care needs and your comfort are just a few.

There are a number of end-of-life care options that are available in the Haliburton Highlands. You will find your options sub-divided according to your preferred setting.

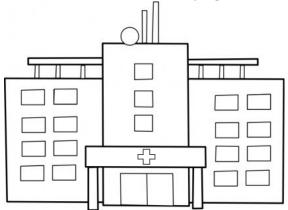
Your healthcare team will be comprised of a number of health professionals from a variety of agencies—ready to collaborate to work with you and your family to reach your care goals.

#### **Options at Home**

- In-home Services:
  - Visiting Nurse
  - Personal Support Workers (PSW)
  - Respite PSW care, including overnight
  - Palliative Care Community Team
  - →Patient Navigator (Reg. Nurse)& access to physician support
  - Hospice Volunteer
- Medical Equipment
- Medication
- Orders to meet your care goals
  - Do Not Resuscitate (DNR) Forms
  - Medications for comfort
- You may refuse or withdraw from treatment
- Voluntary Stopping of Eating and Drinking (VSED)
- Palliative Sedation if indicated
- Medical Assistance In Dying

#### **Options in Hospital**

- Palliative Care Provision
  - 24-hour nursing care
  - Daily visits with Physician
  - Hospice Volunteer
- Orders to meet your care goals
  - Allow Natural Death / DNR
  - Medications for comfort
- You may refuse or withdraw from treatment
- Health Care Professional-Supported VSED
- Palliative Sedation if indicated
- Medical Assistance In Dying



### Long-Term Care Home Options

- Palliative Care Provision
  - 24-hour nursing care
  - Physician visits as needed
  - Hospice Volunteer
- Orders to meet your care goals
  - Allow Natural Death / DNR
  - Medications for comfort
- You may refuse or withdraw from treatment
- Comfort Eating and Drinking
- Palliative Sedation if indicated
- Medical Assistance In Dying may not be offered at all LTC homes



# I have questions

Some of these options may require planning or assessment for eligibility. It is important to ask your healthcare team about the options you are interested in exploring further.

We are here to help!

# **Hospice Care Centres Nearby**

- There is no Hospice Care Centre in Haliburton County
- There are some Centres nearby:
  - Bancroft
  - Peterborough
  - Warkworth
  - Huntsville
- Care Models vary from Centre to Centre
  - →Its important to take a tour and ask about care provision
- Some supplies may be your responsibility to purchase
- Orders to meet your care goals
  - Allow Natural Death / DNR
  - Medications for comfort
- You may refuse or withdraw from treatment
- Palliative Sedation if indicated
- Medical Assistance In Dying is not offered at all Hospice Care Centres

